

## INTRODUCTION

### Message From Our Team

It has been a busy and enjoyable time here at The Ashton, with a mix of celebrations, activities, and special visits taking place across the home. It is always encouraging to see residents taking part, spending time together, and enjoying both familiar routines and new experiences.

We are also very proud of our team and the dedication they show each day. Their commitment continues to make a real difference to the lives of our residents.

We hope you enjoy reading about some of our recent highlights.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Sign Up Link](#)

Best wishes,

The Ashton Care Home Team

## SEASONAL EVENTS

### Chinese New Year

We marked Chinese New Year with a themed meal prepared by our kitchen team. The home was decorated to reflect the occasion, helping to create a warm and festive atmosphere for residents.

It was a lovely opportunity to enjoy something a little different while bringing everyone together to celebrate.



### Valentine's Day Celebrations

Valentine's Day was another special occasion in the home. Residents enjoyed a themed meal, with decorations throughout the home adding to the atmosphere.

It was a relaxed and enjoyable day, with a focus on spending time together and celebrating friendship and companionship.



### Burns Day Celebrations

Burns Day was celebrated with a traditional meal of haggis, neeps and tatties. We were also pleased to welcome a guest piper, whose music helped create a fitting atmosphere for the occasion.

Residents enjoyed the familiar traditions and the opportunity to celebrate Scottish culture together.



## RECENT ACTIVITIES

### Keeping Active with Zoe

Residents continue to take part in regular exercise sessions with Zoe. These classes support mobility, flexibility, and overall wellbeing, while also providing a chance for social interaction.

The sessions are adapted to suit all abilities, ensuring everyone can take part comfortably.



### Entertainment with Gav Spencer

We were delighted to welcome Gav Spencer, who provided an afternoon of music and entertainment. Residents enjoyed singing along and, in some cases, getting up for a dance.

These live performances are always well received and bring a lively atmosphere to the home.



### Visit from Miniature Ponies

A recent highlight was a visit from miniature ponies, who came into the home to spend time with residents.

This was a lovely experience, giving residents the chance to interact with the animals up close. The visit brought plenty of smiles and was enjoyed by everyone involved.



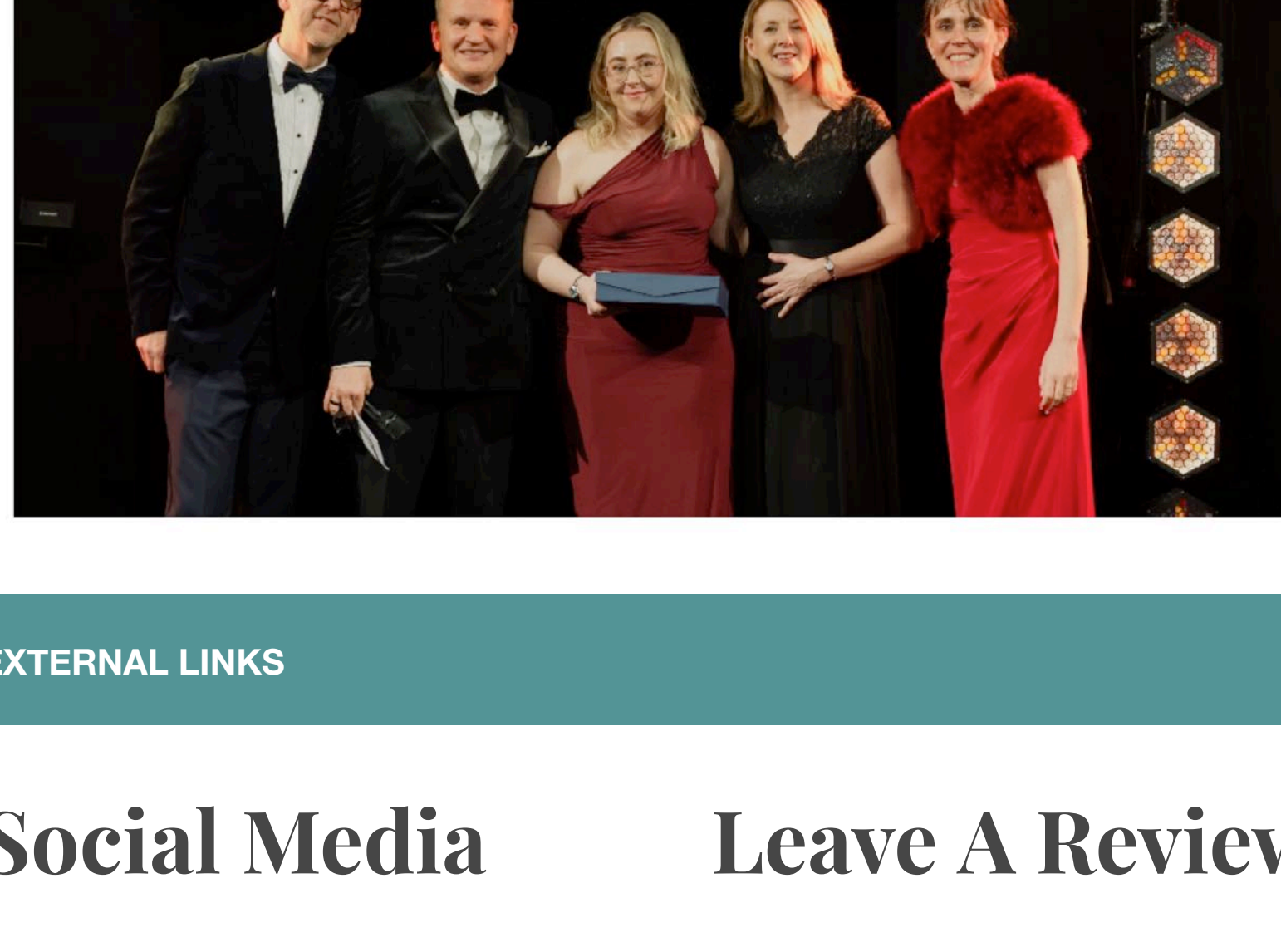
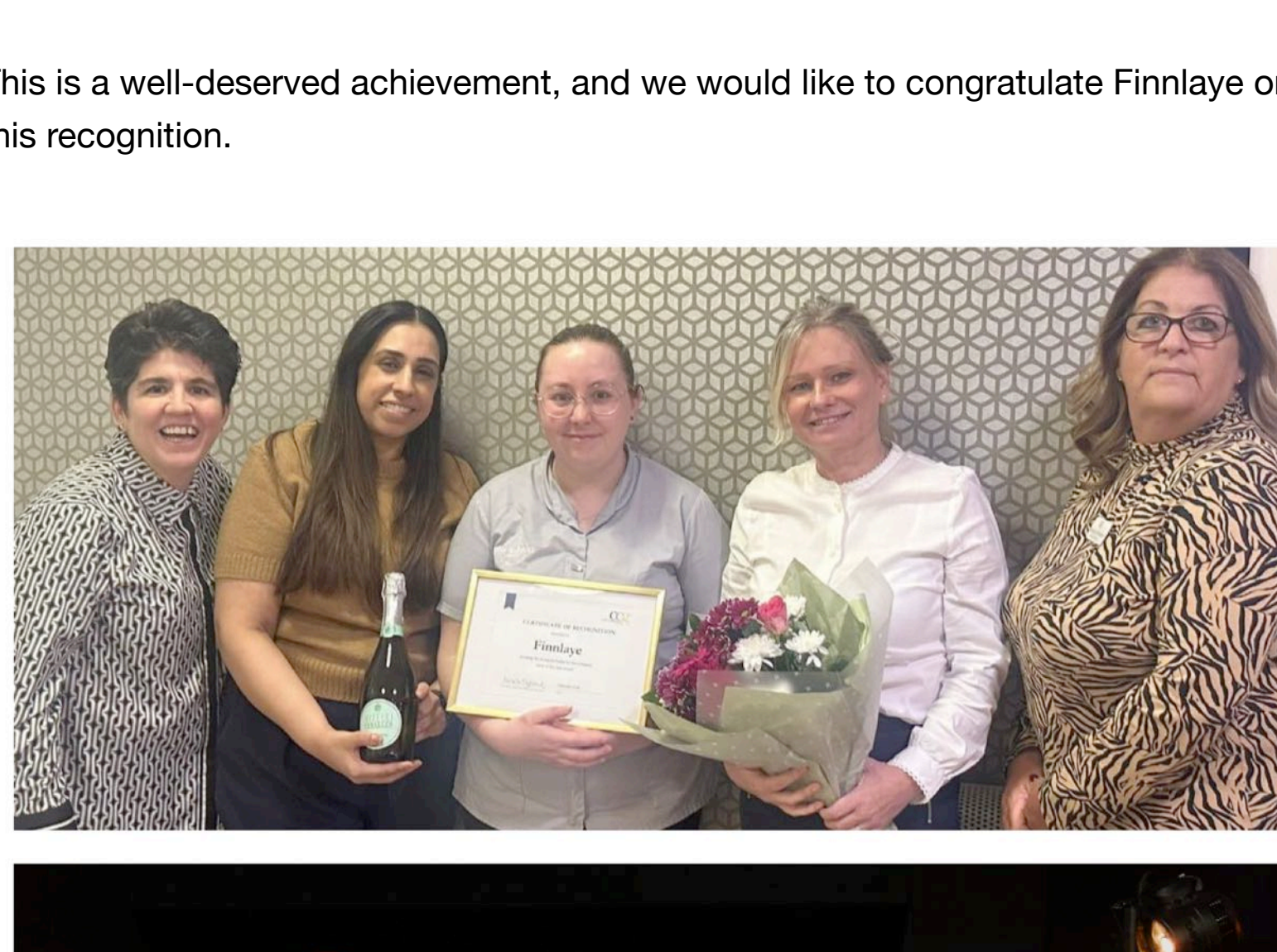
## STAFF RECOGNITION

### Carer of the Year

We are very proud to share that our Senior Carer, Finnlaye, received the Carer of the Year Award for the whole company at the Care Concern Group Conference.

Finnlaye has been part of The Ashton for over eight years and has shown continued growth and dedication in her role. She consistently delivers high standards of care, not only within The Ashton but also when supporting our sister home, The Amwell.

This is a well-deserved achievement, and we would like to congratulate Finnlaye on this recognition.



## EXTERNAL LINKS

### Social Media

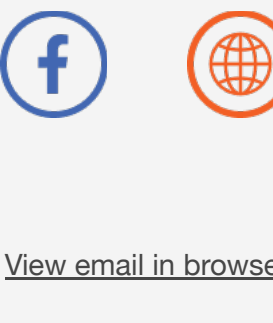
Make sure to check out The Ashton Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

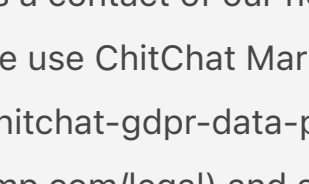
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[Carehome.co.uk & Google Reviews](#)



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